



POST-ANESTHESIA INSTRUCTIONS

1. Buckle-up in the car on the way home.
2. Plan on a day of rest after receiving anesthesia.
3. Do not plan on any strenuous activities or any that require full alertness for the rest of the day. This includes, but is not limited to driving, operating dangerous machinery or leaving home alone.
4. Resume your medications as instructed by your Doctor/Periodontist.
5. If you were given pain medications with codeine or a similar narcotic by your Periodontist, maintain a log of the time you took each dose since residual amnesia from the anesthetic can cause you to forget some of your activities on the day of the procedure. This can put you at the risk of unintentionally overmedicating.
6. Maintain adequate hydration. Try and drink 4-6 (8 ounce) glasses of water throughout the day.
7. If there is nausea and vomiting please contact us.
8. In the case of an emergency, make sure you call 911 and have immediate medical assistance.
9. Follow your post-surgical follow-up instructions as directed by your Periodontist.

Patient's Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Witness Signature _____ Date _____